

# Out of Your Sleep, Arise and Wake!

*for SATB chorus a cappella*

An original carol by Peter Bloesch

**Duration:** ca. 2:30

**Words:** 14th century, anonymous, alt. by Peter Bloesch

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**Performance notes:** 1.) The background dotted quarter-note figures (such as what the tenors & basses have at the beginning, and the sopranos & altos have starting in measure 16) should never be bouncy or overly accented.

Rather, these phrases should always be fairly smooth, and should never call attention to themselves when supporting the melody.

2.) When performing the piece, pay special attention to the fact that the melody jumps around from voice to voice quite often, and make sure that the melody is always brought forward into prominence.

The musical score is for a SATB chorus and piano. It is in 9/8 time and the key signature has three sharps (F#, C#, G#). The tempo is marked "With glad excitement (♩. = ca. 104)". The score is divided into two systems. The first system includes parts for Soprano, Alto, Tenor, and Bass. The Soprano and Alto parts have rests for the first 15 measures, then enter with a melodic line. The Tenor and Bass parts have a dotted quarter-note accompaniment. Dynamics include *mf* and *p legato*. The second system includes the Piano part, which has a dotted quarter-note accompaniment. Dynamics include *mf* and *p sostenuto*. The lyrics are: "Wake and a - rise, wake and a - rise, wake and".

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6

S. *mp*  
-rise and wake! For God\_ man-kind now hath y -

A. *mp*  
Out of your sleep, a - rise and wake! For God\_ man kind\_ now hath y -

T. *mp*  
a - rise, wake and a - rise, wake and

B. *mp*  
a - rise, wake and a - rise, wake and

PNO.

9

S. [*"ytake" = taken*] [*"make" = equal*]  
-take All of a maid with-out a - ny make, Of

A. [*"ytake" = taken*] [*"make" = equal*]  
-take All of a maid with-out a - ny make, Of all,

T. *mp*  
a - rise, wake and a - rise, a -

B. *mp*  
a - rise, wake and a - rise, a -

PNO.

12 *f dolce* ["she beareth the bell" = she is the leader]

S. all wo - men she bear - eth the bell.

A. *mf* ["she beareth the bell" = she is the leader]  
of all wo - men she bear - eth the bell.

T. - rise! *mf* Wake and a -

B. - rise! *mf* Wake and a -

PNO. *f* *mf*

15 *mf* *p legato*

S. Wake and a - rise, wake and

A. *mf* *p legato*  
Wake and a - rise, wake and

T. rise! *mf dolce - bring out* And through a mai - den

B. rise! *mp dolce* And

PNO. *mf* *mf* *p legato*

19

S. a - rise, wake and a - rise, wake and

A. a - rise, wake and a - rise, wake and

T. fair and wise Now we are made of full great

B. through a mai - den fair and wise Now we are made of full great

PNO.

22

S. a - rise, wake and a - rise, a -

A. a - rise, wake and a - rise, a -

T. price; Now an - gels kneel to our ser - vice, And

B. price; Now an - gels kneel to our ser - vice, And at this

PNO.

25 *mp* rise! *mf* Wake and a - rise, —

A. *mp* rise! *mf* Wake and a - rise, —

T. *f dolce* at this time all this be - fell.

B. *mf* time, and at this time all this be - fell.

PNO. *mf*

29 *p* Now

A. *mp smoothly* wake and a - rise! *p* Ah

T. *mp - bring out* Now we are bright - er than the

B. *mp smoothly* Wake and a - rise! *p* Ah

PNO. *mp smoothly* *p*

Now we\_\_ are bright - er than\_ the sun.\_\_\_\_\_

32

S. *p* we\_\_ are bright - er than\_ the sun.\_\_\_\_\_ Ah\_\_\_\_\_

A. *p* Now we\_\_ are bright - er than\_ the sun;\_\_\_\_\_ *mp*

T. sun,\_\_\_\_\_ than\_ the sun;\_\_\_\_\_ Ah\_\_\_\_\_ *p*

B. \_\_\_\_\_ *mf - bring out* Unis. Now we\_\_ in heav'n on high\_ shall

PNO. \_\_\_\_\_

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35

S. *mp but well articulated* Bles-sed be God, this gameis be - gun.\_\_\_\_\_

A. *p* Ah\_\_\_\_\_ *mp* Now we in hea-ven shall won.\_\_\_\_\_ *mp but well articulated* Bles-sed be God, this gameis be - gun.\_\_\_\_\_

T. *mp* Now we in hea-ven on high shall won;\_\_\_\_\_ *mp but well articulated* Bles-sed be God, this gameis be - gun.\_\_\_\_\_ *mf*

B. *mp* won,\_\_\_\_\_ on high shall won;\_\_\_\_\_ *mp but well articulated* Bles-sed be God, this gameis be - gun.\_\_\_\_\_ *mf*

PNO. \_\_\_\_\_ *mp*

["won" = dwell]

["won" = dwell]

39 *mf brightly*

S. Wake and a - rise, wake and a - rise,

A.1 *mf brightly*  
Wake and a - rise, wake and a - rise,

A.2 *mf brightly - bring out*  
Now out of your sleep a - rise and wake! Now out of your sleep a - rise and

T. *mf - bring out*  
Who -

PNO. *mf*

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43 *p*

S. wake and a - rise!

A.1 *p*  
wake and a - rise! Now God shall deem

A.2 *p*  
wake! Now out of your sleep a - rise and wake! Now God shall deem

T. ["thrall" = in bondage]  
-ev - er was thrall, now is he free! Now God shall deem both thee and

B. *mf*  
Who - ev - er was small, now great is she!

PNO. *mf* *dim.*

46

S. *mf* Un - to His bliss, if we do well. Now may we all to hea - ven

A. *mf* Unis. if we do well. *mp subito* Ah

T. *mf* me if we do well. *mp subito* Ah

B. *p* if we do well. *mp subito* Ah

PNO. *mf* *f*

49

S. wend, Ah He that was

A. *f - bring out* Unis. Now hea - ven and earth to us they bend;

T. *mf* Unis. Ah to us they bend;

B. *mf* Ah He that was

PNO. *mf* *f*



52

S. foe now is our friend, now is our friend.

A. He that was foe now is our friend, now is our friend.

T. He that was foe now is our friend, now is our friend.

B. *f* Unis. foe now is our friend, now is our friend.

PNO.

55

S. *mf* ["no nay" = no idle tale] *mp*  
This is no nay that I you tell.

A. *mf* ["no nay" = no idle tale] *mp*  
This is no nay that I you tell.

T. *mf* ["no nay" = no idle tale] *mp smoothly*  
This is no nay that I you tell. Grant us Thy grace,

B. *mf* ["no nay" = no idle tale] *mp smoothly*  
This is no nay that I you tell. Grant us Thy grace,

PNO. *mf* *mp smoothly*